

# Mental Health Planning & Advisory Council

**Vision**  
*Plan, Advocate, Evaluate*

**Mission**  
*To advocate for a system that supports persons  
impacted by mental disorders on their journeys  
to achieve the highest quality of life possible by  
promoting evidence-based, cost-effective,  
individualized mental health services.*

Cathii Nash, Chair  
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Spokane, WA 99223  
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## Mental Health Planning and Advisory Council Radisson Gateway Hotel in SeaTac February 13, 2008, 9:30 – 3:30 MINUTES

**PRESENT:** Cathii Nash, Russ Hammond, Don Nichols, JoEllen Woodrow, Caryn Horn for Annie Conant, Dwight McClain, Merja Kehl, Tom Saltrup, Thressa Alston, Vanessa Lewis, John Furze, Dan Clements, Becky Bates, Fran Collison, Eleanor Owens, Helen Nilon, Lenora Warden, BJ Cooper, Michael Paulson, and Nanette Baker

**EXCUSED:** Rick Crozier, Chuck Benjamin, Dorothy Trueblood, Jeanette Barnes, Danny Eng, Bill Waters, Brien Critchlow, Traci Adair, Roger Bauer, Michelle Murphy, Matt Solberg

**UNEXCUSED:** Kelli McBride

**GUESTS:** Garrison Nutt, EMAC  
David Brenna, Senior Policy Analyst, Office of the Governor, Mental Health  
Transformation Project

<b>AGENDA ITEM</b> Relationship to Criterion / Goal	<b>DISCUSSION LEADER</b>	<b>DISCUSSION</b>	<b>DECISIONS, ACTIONS, ASSIGNMENTS</b>
INTRODUCTIONS A. Review and Vote on January 9 <sup>th</sup> Council Minutes	Cathii Nash, Chair	Change access to axis on page 4 Add “mental health” before staff positions Strike facilities use the word “resources” Strike “effective” change with the word “mental”	Approved with changes 2 abstentions
Motion for speakers to submit a maximum of 1 page summary of their key point to be incorporated in the MHPAC minutes. Approved			
B. Review Action Items from January 9 <sup>th</sup> meeting.	Cathii Nash		EMAC Budget for specialist conference handout submitted at today’s meeting
Andy Toulon will give a presentation STI presentation at the March meeting.			

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<p>Does the MHPAC want to see the Council's budget quarterly? A monthly breakdown on what's been paid to include subcommittees would be very helpful.  Fran made a promise to get the Council a budget on a regular basis.</p> <p>Handbook is in a final draft to be published in March.  <b>Any additional Bylaw changes need to be submitted to Nanette by Aug 15, 2008.</b></p>			
Update on grievance/complaint process	Fran Collision	Fran will clean up the grievance and complaint system across the state this year.	Do we have FBG funds we can use?
State Board of Health Presentation All Criterion & Goals MH Transformation Goals #3 & #4 Other Goals #2, #3, & #5	David Brenna, Senior Policy Analyst, MHTG	1 <sup>st</sup> brief description of report 2 <sup>nd</sup> the policy process Seeking recommendations from stakeholders.	Council input on the 14 themes needs to be sent through Cathii Nash.
<p>Read the full Washington State Board of Health report titled, <u>Mental Health – A Public Health Approach, Developing a Prevention-Oriented Mental Health System in Washington State</u> at this location:  <a href="http://mhtransformation.wa.gov/pdf/mhtg/PublicHealthModeMH.pdf">http://mhtransformation.wa.gov/pdf/mhtg/PublicHealthModeMH.pdf</a></p> <p>The link to the two page handout: <a href="http://www.mhtransformation.wa.gov/MHTG/prevdev.shtml">http://www.mhtransformation.wa.gov/MHTG/prevdev.shtml</a></p> <p>This link is to the Prevention page with additional information and links:  <a href="http://www.mhtransformation.wa.gov/MHTG/prevention.shtml">http://www.mhtransformation.wa.gov/MHTG/prevention.shtml</a></p>			
<b>COUNCIL BUSINESS:</b> I. Revising the agenda II. April meeting/FBG III. Acronyms	Cathii Nash, Chair	Revising the agenda to include Relationship to Criterion/Goal  Strategy of the April meeting	The Council's Goals and Criteria and the Mental Health Acronyms will be included in all future MHPAC monthly packets.
<p>1.) How do the presentations relate to us? The Council reports to SAMHSA on how the state is doing regarding programs. Mental health care often crosses systems, therefore it is imperative that the Council understand the other systems and be willing to help bridge the silo gaps that can occur.</p> <p>Let's not act as individuals but in unison to reach our criteria and goals</p> <p>2.) RSN Advisory Board Chairs will attend the April MHPAC meeting to discuss the FBG, distribution of FBG, ideas for the future and comments. Public Health Model from United Way may be presented MHPAC has the authority, and the dictate, to recommend to the Division and to the Feds how money in FBG is distributed. No FBG plan is ever sent to SAMHSA without a letter of recommendation from the Council. All comments from the Council are reviewed by SAMHSA before any plan is reviewed or approved. The Council is going to be working directly with Mr. Kellogg and the Division to help create a different distribution model, one that will hopefully more align with our criteria and goals for the FBG.</p>			

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<p>Proposal to include as letter or as agenda items to RSNs that state: consideration will be given to innovative proposals that serve underserved populations such as ethnic minorities, children, older adults and sexual minorities. Approved</p> <p>Develop a strategy for the April meeting:  Make a commitment for a positive change.  How is this meeting going to be focused and what are the expectations?  How do we develop a partnership with the Advisory Boards?</p> <p>3.) Review and edit acronyms</p>			
Specialist Training Goals #3 Other Goals #2, #3, #5	Fran Collison		Specialist forum proposal budget handed out for review
The Children's Subcommittee supports changing provisions related to parental consent for mental health treatment of minors age 13 and older as well as other changes.	Cathii Nash		
<p>HB 2552 Age of Consent  Asks for a fiscal note for a pamphlet to be handed to the youth. Committee is concerned about procedural safeguards.</p> <p>Reviewed the application revised by Children's Subcommittee specifically for the Children's Subcommittee. Chair of Sexual Minority Subcommittee to have a specific application.  Motion: Allowing Children's and Sexual Minority to use this form as application process  1 opposed.</p> <p>Proposal to post a statement above the signature on the MHPAC and subcommittee application forms that state: "As an elected member of a public advisory council or subcommittee your name and representation will be posted on the MHPAC webpage. No personal information such as mailing address, phone number or email address will be posted" Approved</p>			
Committee Reports:	Cathii Nash		
<p>Report John Fruze, Chair, Sexual Minority Subcommittee (SMS)  The new co-chair is Gare Wyatt</p> <p>Planning on tables at different events, i.e. behavioral health conference. SMS completed another DVD "Make No Assumptions", and Services for Sexual Minorities, would like to go to different regions for trainings. Would like to show the DVD to the Council.</p> <p>Thressa Alston EMAC did a Critique on Community Operated Service Programs Tool Kit.</p>			

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Legislative Subcommittee report JoEllen Woodrow: recently came up with a mission statement and vision now posted on webpage. The Legislative Subcommittee wanted to clarify their focus.			
Adjourn			

The next Council meeting will held Wednesday, March 12, 2008 at the Radisson Hotel in SeaTac from 9:30 a.m. until 3:30 p.m.

**Please be sure to make airline travel/hotel arrangements at least two weeks in advance via email to Christina Carter at [cartecc@dshs.wa.gov](mailto:cartecc@dshs.wa.gov). Thank you for your cooperation.**